



Massachusetts Association for the
Blind and Visually Impaired

MABVI 1:1 VOLUNTEER TRAINING

Click the arrow on tool bar or scroll down to view all slides. After you complete the unit, there will be a "completed and continue" button prompting you to move on.

TRAINING OVERVIEW

Massachusetts Association for
the Blind and Visually Impaired

Introduction

History of MAB Community Services

MABVI Volunteer Responsibilities

Understanding Causes of Blindness and Low Vision

Orientation and Mobility

What Comes Next

Training Assessment

MEET THE

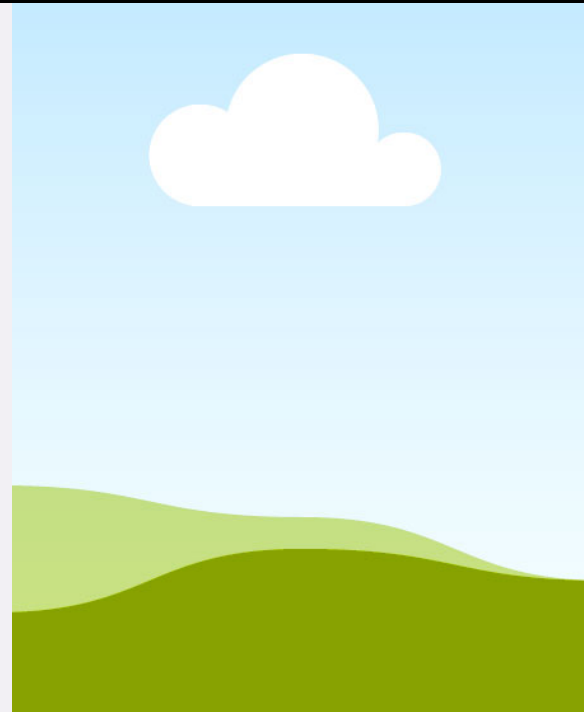
MASSACHUSETTS ASSOCIATION
for the
Blind and Visually Impaired

VOLUNTEER TEAM



SASSY
OUTWATER-WRIGHT

MABVI Executive Director



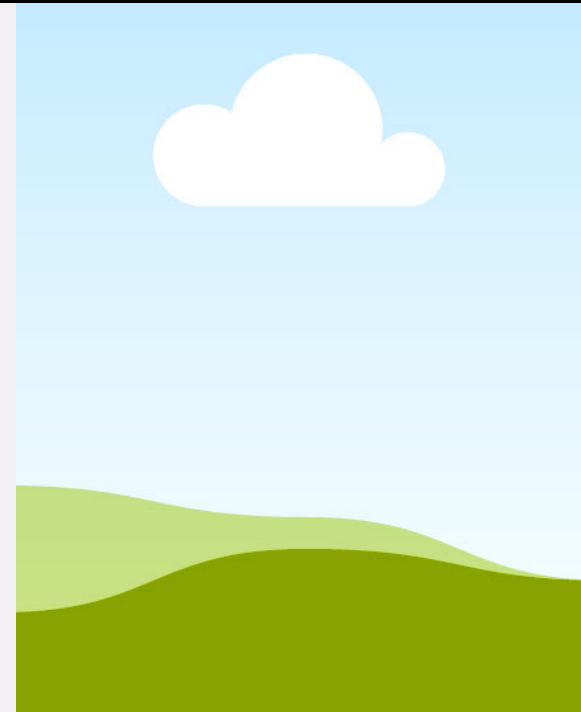
AMY
RUELL

Director of Social Services



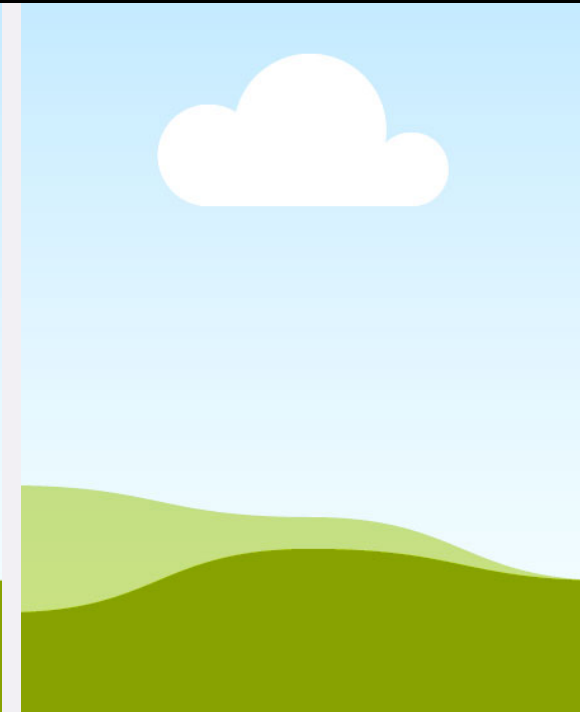
ALI
MAGGIO

Director of Volunteer
Services



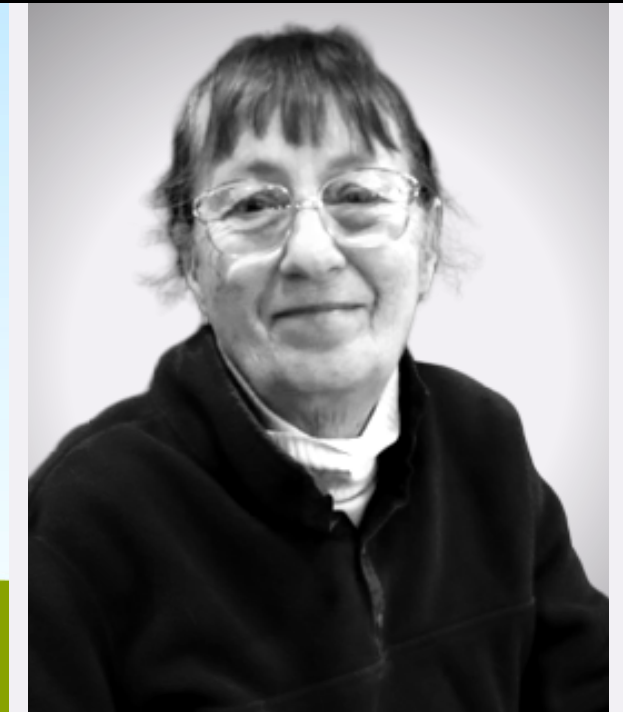
KATE
POITRAS

Program Assistant



ALAN
WHITE

Deputy Director
of Social Services



BERNI
ENGDahl

Volunteer Coordinator



OUR STORY

MAB Community Services has been creating opportunities for people with disabilities since 1903. Helen Keller served on our first advisory board, along with other notable Bostonians who developed some of the first community services for blind individuals in the United States. Today we specialize in individualized rehabilitation and family-focused strategies that help individuals with a range of disabilities live full lives in the community.

WHAT WE BELIEVE IN

MAB'S MISSION IS TO WORK WITH INDIVIDUALS WITH DISABILITIES TO ELIMINATE BARRIERS AND CREATE OPPORTUNITIES. OUR EXPERIENCE ALLOWS US TO FORGE STRONG COMMUNITY PARTNERSHIPS SO THAT WE CAN MEET THE PRESSING NEED FOR HIGH-QUALITY SERVICES AND PROGRAMS AND TRANSFORM LIVES.





MAB COMMUNITY SERVICES: OUR DIVISIONS

**MASSACHUSETTS ASSOCIATION FOR THE
BLIND AND VISUALLY IMPAIRED (MABVI)**

MAB ADULT DISABILITY SERVICES (ADS)

IVY STREET SCHOOL



The [Ivy Street School](#) is a residential and day school serving adolescents and young adults (ages 13-22) with brain injuries, autism spectrum disorder, or behavioral health challenges. Our Transition Program helps students who have met their graduation requirements but need additional help with life skills and executive functioning. Ivy Street helps students learn the skills they need to transition to successful adult life in the community.





MAB ADULT DISABILITY SERVICES

ADS provides residential supports and vocational/day habilitation programming for individuals with developmental disabilities or brain injuries in Greater Boston. The department operates more than 20 group homes and serves 300 people each year.

MASSACHUSETTS ASSOCIATION
for the
Blind and Visually Impaired

MABVI provides vision rehabilitation and support services to more than 1,400 people over the age of 18, with emphasis on older adults. Programs include affiliated low vision providers, peer support groups, 1:1 volunteer assistance, in-home vision rehabilitation occupational training, adjustment counseling, and access technology.



MABVI 1:1 VOLUNTEER PROGRAM

FOSTERING INDEPENDENCE

It is our role to support a person who is blind or has low vision on their path toward independence, based on their autonomy, self-determination and expression of need.



WHO CAN VOLUNTEER?

MABVI welcomes volunteers of all ages! Volunteers who are 18 or older can be matched individually with a participant. Volunteers 17 or under must have a parent or guardian present when working with a participant.

HOW CAN YOU HELP?



RECREATION

Ex: Go on runs/walks, swimming, golfing, accompany someone at the gym, etc.



READING

Ex: Help an individual read mail, emails, books, etc.



SHOPPING

Ex: Assist in the grocery store, clothes shopping, etc.



CLERICAL

Ex: Help pay bills, organize files, etc.



MEDICAL TRANSPORTATION

Ex: Drive an individual to their medical appointments

*Only in Worcester County



CONFIDENT LIVING WITH BLINDNESS OR LOW VISION

VOLUNTEERS SHOULD NOT DO:

Cooking, Cleaning or Laundry. The person you are matched with lives independently and can relearn these skills and adjust to living the life they want to live as a blind person. By not taking over these tasks, it sends a message to the person you are matched with that you think of them as capable of handling these things.